



BASIC TRAINING OVERVIEW

WEEK 1 OF 2

<p style="text-align: center;">Day 1</p> <ol style="list-style-type: none"> 1. Explain and fit the training collar. 2. Introduce training collar pressure. 3. Teach "pop" corrections. 4. Teach "heel." 5. Introduce boundaries and "let's go" command. 	<p style="text-align: center;">Day 2</p> <ol style="list-style-type: none"> 1. Practice "heel" while incorporating boundaries upon leaving and entering the home. 2. Introduce and incorporate "sit."
<p style="text-align: center;">Day 3</p> <ol style="list-style-type: none"> 1. Practice "heel" and "sit" and boundaries on the walk. 2. Introduce "kennel" 	<p style="text-align: center;">Day 4</p> <ol style="list-style-type: none"> 1. Expand on the "sit" command. 2. Practice patience using "kennel" 3. Continue to reinforce "heel," "sit," and boundaries on the walk.
<p style="text-align: center;">Day 5</p> <ol style="list-style-type: none"> 1. Incorporate boundaries everywhere you can. 2. Practice patience using "kennel" 3. Continue to reinforce "heel," "sit," and boundaries on the walk. 4. Introduce "wait" (for food) 	<p style="text-align: center;">Day 6</p> <ol style="list-style-type: none"> 1. Practice commands and skills learned on your own. 2. Observe any issues and make a note.
<p style="text-align: center;">Day 7</p> <ol style="list-style-type: none"> 1. Practice commands and skills learned on your own. 2. Observe any issues and make a note. 	<p style="text-align: center;">GOALS</p> <ul style="list-style-type: none"> • Master communication through the leash • Commands learned: heel, sit, let's go, kennel, no, free, and wait (for food) • Develop a respectful leader/follower relationship with your dog. • Start seeing a better state of mind in you and your pup.



BASIC TRAINING OVERVIEW

WEEK 2 OF 2

<p style="text-align: center;">Day 8</p> <ol style="list-style-type: none"> 1. Continue all skills learned last week. 2. Introduce "place" 	<p style="text-align: center;">Day 9</p> <ol style="list-style-type: none"> 1. Continue all skills learned last week. 2. Expand on the "place" skill
<p style="text-align: center;">Day 10</p> <ol style="list-style-type: none"> 1. Continue all skills learned last week 2. Continue teaching "place" 3. Introduce "down" 	<p style="text-align: center;">Day 11</p> <ol style="list-style-type: none"> 1. Continue all skills learned last week. 2. Continue teaching "place" to increase duration. 3. Continue teaching "down" to increase compliance and duration.
<p style="text-align: center;">Day 12</p> <ol style="list-style-type: none"> 1. Continue all skills learned last week. 2. Continue teaching "place" to increase duration. 3. Continue teaching "down" to increase compliance and duration. 	<p style="text-align: center;">Day 13</p> <ol style="list-style-type: none"> 1. Continue all skills learned during the past two weeks. 2. Observe your pup and decide if you need "advanced" training.
<p style="text-align: center;">Day 14 (and counting)</p> <p>Your Basic Training is now complete. You have the tools to effectively communicate with your pup going forward. It is up to you to use them.</p> <p>If you feel like you need more tools, please contact me about my "Advanced Training" course.</p>	<p style="text-align: center;">GOALS</p> <ul style="list-style-type: none"> • Increase your dog's ability to stay in "place" for up to 2 hours. • Commands learned: place and down • Master a solid walk using "heel," "sit," and boundaries. • Be able to keep your dog in a safe place at home or otherwise using "place" or "down."